

**Windsor Prep**

March 2026

**Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
ALTERNATIVES 	ALTERNATIVES	ALTERNATIVES  <i>Celebrate our Presidents!</i>	ALTERNATIVES	ALTERNATIVES 
2 Whole Grain Fruit Loops 1ea Graham Crackers 3pk Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz	3 W.G Strawberry Poptart 1ea Graham Crackers 3pk 100% Apple Juice 4oz 100% Orange Juice 4oz 1% Milk 8oz or Skim Milk 8oz	4 Whole Grain Rice Krispies 1ea Graham Crackers 3pk Granny Smith Green Apple 1ea 1% Milk 8oz or Skim Milk 8oz	5 Wrapped Whole Wheat Bagel 2oz Butter Pack .5 oz 100% Grape Juice 4oz 100% Fruit Punch 4oz 1% Milk 8oz or Skim Milk 8oz	6 W.G Blueberry Muffin 1ea Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz
9 Whole Grain Apple Jacks 1ea Graham Crackers 3pk Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz	10 Oatmeal Raisin Breakfast Bar 1ea- 2.5oz 100% Apple Juice 4oz 100% Orange Juice 4oz 1% Milk 8oz or Skim Milk 8oz	11 Whole Grain Cinnamon Toast Crunch 1ea Graham Crackers 3pk Granny Smith Green Apple 1ea 1% Milk 8oz or Skim Milk 8oz	12 Eggo Mini Blueberry Pancakes 1ea 100% Grape Juice 4oz 100% Fruit Punch 4oz 1% Milk 8oz or Skim Milk 8oz	13 W.G Corn Muffin 1ea Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz
16 Whole Grain Frosted Flakes 1ea Graham Crackers 3pk Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz	17 W.G Strawberry Poptart 1ea Graham Crackers 3pk 100% Apple Juice 4oz 100% Orange Juice 4oz 1% Milk 8oz or Skim Milk 8oz	18 Multi Grain Cheerios 1ea Graham Crackers 3pk Granny Smith Green Apple 1ea 1% Milk 8oz or Skim Milk 8oz	19 Wrapped Whole Wheat Bagel 2oz Butter Pack .5 oz 100% Grape Juice 4oz 100% Fruit Punch 4oz 1% Milk 8oz or Skim Milk 8oz	20 W.G Banana Muffin 1ea Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz
23 Rice Krispies 1ea Graham Crackers 3pk Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz	24 Oatmeal Raisin Breakfast Bar 1ea- 2.5oz 100% Apple Juice 4oz 100% Orange Juice 4oz 1% Milk 8oz or Skim Milk 8oz	25 Whole Grain Fruit Loops 1ea Graham Crackers 3pk Granny Smith Green Apple 1ea 1% Milk 8oz or Skim Milk 8oz	26 Yogurt Cup 1ea Graham Crackers 3pk 100% Grape Juice 4oz 100% Fruit Punch 4oz 1% Milk 8oz or Skim Milk 8oz	27 W.G Blueberry Muffin 1ea Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz
30 Whole Grain Cinnamon Toast Crunch 1ea Graham Crackers 3pk Fresh Macintosh Apple 1ea 1% Milk 8oz or Skim Milk 8oz	31 W.G Strawberry Poptart 1ea Graham Crackers 3pk 100% Apple Juice 4oz 100% Orange Juice 4oz 1% Milk 8oz or Skim Milk 8oz			